SACRED HEART PRIMARY SCHOOL

SUN SMART POLICY

Rationale / Scope:

• Over exposure to the sun presents a serious health risk. This policy supports and implements applicable training, policy and education on protection from the sun, including suitable sun protection and over exposure.

• Staff will act as role models in line with the SunSmart program role modelling requirements and OHS standards. Staff are required to adopt all protective measures put in place by their employer as part of employee OHS responsibilities.

• The school SunSmart Policy also applies to the After School Care, Vacation Care and Early Learning Centre services in the school, as well as the Health and Physical Education curriculum at all year levels.

Aims:

• To educate students as to suitable SunSmart protection strategies.

• To encourage children and teachers to protect themselves from the harmful effects of the sun.

• To ensure a combination of skin protection measures are considered when planning outdoor events.

• This policy will be reviewed every two years to meet National SunSmart program requirements.

Implementation:

• All students and teachers are required to wear sun protective clothing with sleeves and collars.

• All students and staff will be required to wear Cancer Council approved close-weave broad brimmed hats (at least 7.5cm rigid brim), bucket hats (at least 6cm brim) or legionnaire style hats whenever they are outside and not undercover.

• Children without hats will be placed in the seating outside the library for the duration of recess and lunch.

• Children and staff will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Students and staff will be encouraged to wear sunglasses that meet the Australian/New Zealand standards for safety (AUS/NZ 1067:2003). Any other glasses are considered toys and will not be accepted.

• Particular care is taken between UVR peak periods (10am – 3pm).

• Whenever possible, outside activities where UV levels are particularly high (anything above UV level 8 as a guide) will be undertaken in shaded areas.

• Students are actively encouraged to use available areas of shade for outdoor activities.

• Students will at all times be encouraged to drink water to maintain hydration levels.

• SunSmart behaviour is regularly reinforced and promoted to the whole school community (eg assemblies and newsletters).

• All new families and staff members are informed of the SunSmart policy.

• The School Board and Parent and Friend’s Committee will provide adequate shade structures for students as practicable, particularly over high density play areas such as sand pits and play equipment.

• Hats are available for purchase from the front office.

Endorsed May 2011 by SHPS School Board
- SunSmart activities and sun protection Our school will seek accreditation as a SunSmart school at the Cancer Council